E U of T Health and Life Sciences Career Fair

### Student Guide to the U of T Health and Life Sciences Career Fair 2020

Thank you for attending the University of Toronto Health and Life Sciences Career Fair 2020.

Health care and social assistance was the largest contributor to the overall employment growth in 2018 (Statistics Canada). Attend the Health and Life Sciences Career Fair to explore the front-of-the-line healthcare jobs, as well as the unique opportunities and innovative organizations that are emerging within one of Canada's largest and fastest growing industries.

### The event is an opportunity you (students and alumni) to:

- Discover organizations, professional career, and employment options in the health and life sciences field
- Speak with recruiters and hiring managers to gain industry insights and understand the hiring processes
- Apply for jobs on the spot

Whether you are exploring different career paths or are searching for full-time work, there is an employer or opportunity for you at the Career Fair.

#### The event is also an opportunity for employers to:

- Meet Canada's most talented and diverse post-secondary students and recent graduates
- Showcase their organization and employment opportunities
- Network with thousands of potential candidates and build a strong on-campus presence to attract the best candidates for their recruitment needs

Attending organization will be recruiting UofT students and recent graduates for full-time, part-time, permanent, casual, and internship opportunities.

# **Event Details**

This guide contains more information about the Health and Life Sciences Career Fair and provides tips on how to prepare for the event.

**Tuesday, March 3<sup>rd</sup>, 2020** 11 AM – 3 PM

### Bring your UofT TCard

You must present your University of Toronto student or alumni card to access the Health and Life Sciences Career fair University of Toronto Medical Sciences Building – Stone Lobby 1 King's College Circle Closest TTC Subway Station: Queens Park http://map.utoronto.ca/utsg/building/005

#### Accommodations

If you are a person with a disability and require an accommodation please email us at <u>events@careers.utoronto.ca</u> 10 working days prior to the event.

#### **Support Services**

Are you seeking someone to talk to? Good2Talk is Ontario's free, confidential and anonymous post-secondary student helpline. Call 1-866-925-5454 to connect with a counsellor at any time <u>http://www.good2talk.ca/</u>

My SSP for International Students | 1-844-451-9700. Outside of North America, call 001-416-380-6578. Culturally-competent mental health and counselling services in 146 languages for international students.

If you are experiencing an emergency here in Toronto, the emergency services telephone number is 911 (Ambulance, Police, Fire). For U of T Campus Police call 416-978-2222 <u>http://www.campuspolice.utoronto.ca/</u>

## **Frequently Asked Questions**

### What should I bring to the fair?

- T-Card
- Updated copies of your resume
- Your questions or curiosities
- An open mind and willingness to share about your experiences, interests, and skills
- A reusable water bottle to stay hydrated

#### How should I dress?

The Fair does not have a dress code. Dress standards are not consistent across different organizations and industries. Dress "professional" as it relates to the organization and industry you are pursuing. Please note, that we will not have storage for your bags and other personal items. Please ensure that you do not leave valuables unattended, including electronics, identification documents, money, etc. We are not responsible for lost or stolen valuables.

#### What should I expect at the event?

Employers will have their own booth where they answer questions and introduce you to available employment opportunities. Check out the event map to find out where your preferred employers are located. There will be U of T staff and volunteers available for any support you might need.

## Prepare for the Health and Life Sciences Career Fair

#### Browse the list of employers who will be at the Fair

There are many reasons to attend the Health and Life Sciences Career Fair - you may be looking for a part-time or summer job, hoping to explore your options, or looking to expand your network. Identify your motivations or goals for attending and decide which employers are most interesting to you.

#### Prepare to connect with employers

Prepare to make meaningful conversations by doing some research on organizations. What are their goals and priorities? What do they value or care about? The more you know about an organization the better equipped you are to demonstrate how you will be a good fit with their culture and goals.

**TIP!** Organizations that interest you will have a job posting on CLNx. Write a customized cover letter and resume tailored to that opportunity and bring it to the fair. Check out the Resume Toolkit and Workbook for strategies.

#### **Build your Confidence**

Attend upcoming group sessions to clarify your career goals, identify your skills, and building networking skills. Register at <u>clnx.utoronto.ca</u>

- Career Chat: Exploring Careers in Health February 26, 12 to 1:30 PM Interested in careers within health? In this small group session, we will explore strategies for exploring careers in this area, identify possible career options, and discuss industry specific resources to support your career research.
- Finding Full-Time Work March 2, 1 to 3 PM

The search for full-time work is a dynamic, often complex process. This session will equip you with resources, tools, and strategies that will assist you in locating and pursuing a full-time job. Discover places and people to help target your search, and begin developing your personalized job search action plan.

#### **Get Your Resume Reviewed**

Attend the Resume and Cover Letter Workshop on February 27, 2 - 4 PM, or drop by the Student Success Centre to make a one on one appointment with a Career Educator.

## After the Career Fair – Next Steps

- 1. Organize your next steps by researching employers of interest, reaching out to the contacts you made at the Fair, or checking for job postings on the CLNx Job Boards (clnx.utoronto.ca)
- 2. Reconnect with Career Exploration and Education to tailor your resume, prepare for interviews, maintain motivation, and update your LinkedIn Profile.
  - Interview Strategies & Practice March 5, 1 3 PM

Interviews can be intimidating, but the key to success is being ready! This session will help you better prepare for an interview, and offer strategies to create and practice captivating stories about your accomplishments that you can showcase to potential employers.

• Know Your Skills – March 6, 2 – 4 PM

What can you do with your degree? Looking to learn more about a particular field or industry? This session will guide you through key research resources which can help you get the latest and most reliable online information about employers and the labour market.

3. Tell us about your experience at the Career Fair by completing our 5-minute survey https://baseline.campuslabs.ca/uot/uothealthcarfairpostfdbk20